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Scoliosis is a medical condition in which the spine becomes laterally curved. It is a fairly common condition, known to affect almost 2-3% of population. If the angle of curvature is small, it goes unnoticed and does not cause any ill effects at the time. However, in some cases, the angle of curvature is more, or increases rapidly, causing obvious deformity and pain. Spinal curvature also affects internal organs and can compress lungs leading to difficulty in breathing. Deformity and pain also have other psychological side-effects such as loss of confidence affecting functioning of an otherwise normal person.

Very often, there is no obvious cause for the curving of spine- therefore it is called Idiopathic Scoliosis. Adolescents between **6-16 years** are more prone to Idiopathic Scoliosis, and **more girls** are affected than boys.

Scoliosis can be most effectively corrected if detected in early phases and at young age. The earlier the diagnosis, better are the chances of 100% recovery and normal growth.

At Solving Scoliosis, we work towards creating awareness about the spinal condition, help detection at young age, and provide treatment for scoliosis correction.

Solving Scoliosis for the first time in India offers a well established method for correction of scoliosis with a natural, non-surgical therapy. Our aim is to provide holistic support for spinal curvature correction and help scoliosis affected individuals to live a happy and healthy life.